



Guideline to Develop Learning Dance Sport of Children Age 10-12 years in Anyang Province China

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Abstract

Background and Aim: Since the introduction of sports dance into China, people across the country have a high enthusiasm for the study of dance movement. The dance movement includes Latin dance and modern dance, which have the same amount of intensity, strength, speed, explosion, and other sports, for the first time, so they are classified as the sport, in the 2010 Guangzhou Asian Games, collectively known as the Dance Movement. In a short period of more than ten years, the dance movement has developed rapidly and has been continuously explored and developed. However, as an emerging project in China, the dance movement is still relatively weak in theory and practice. To solve these problems, improve the development of 10-12-year-old children in Anyang city, and improve their interest in learning sports dance, our goal is to improve the management of training institutions, teaching, publicity, etc., which can help students improve their interest in sports dance. Our ultimate goal is to improve the understanding of sports dance in Anyang City by studying the interest and development of children in Anyang City, to promote the development of sports dance in Anyang City.

Materials and methods: First, through relevant literature, 330 teachers, 150 students, and 150 parents were selected from 15 training institutions in Anyang City. Then, we interviewed 7 experts and pointed out the problem elements through POLC theory. Subsequently, 9 experts formed a focus group to discuss the development guide for children's interest in learning sports dance, and the existing problems were raised again. Finally, five appreciation experts determined the final development guide for children interested in learning sports dance aged 10-12 in Anyang City.

Results: After research, it is found that the existing training schools in Anyang City are still lacking in terms of size and facilities, and the professional site facilities such as wood floors and modern audio equipment should be improved accordingly. In addition, teachers' teaching is too single, teachers do not have regular training, and there is no reasonable plan for the selection of teachers. There is no home-school union between parents and teachers, and parents are not involved. The publicity of the training institutions is not strong enough, the publicity means are too rigid, and they do not actively strive for the help of the society and the government, which leads to the development of Anyang sports dance.

Conclusion: The development of children aged 10-12 in Anyang City needs to start from many aspects first, Teachers should adopt flexible teaching models and stimulate children's interest in learning through innovative and interesting methods; next, The correct guidance and continuous support of parents plays a vital role in children's interest in learning; moreover, High-quality teaching environment and professional facilities are crucial to improving children's learning experience, It can effectively improve the children's learning experience, Then to promote their interest in learning and the development of Anyang city training institutions; last, The government and relevant departments should actively promote the popularization of Dance sport, Integrate it reasonably into the physical and art curriculum of primary and secondary schools, And regularly organize teacher training and competitions, Improve the teaching level of teachers and children's participation. Through various efforts, children's interest in learning and development will be further consolidated and promoted.

Keywords: Dance Sport; Children; Related Research; Teaching Methods; Development Guide

Introduction

by reviewing a large number of literature, found that sports dance teaching methods and technology research is more, but to promote the development of children's learning sports dance research less, the field is still in the continuous exploration stage, so this paper studies the Anyang city 10-12 years old children learning sports dance development, for Anyang city 10-12 children learning sports dance development of the present stage, for the development of Anyang city sports dance and teachers provide certain teaching guidance and theoretical support. This paper analyzes children's interest in Dance sports



from the perspective of POLC from four aspects of children's self, parents, and teachers, and proposes corresponding training strategies.

This study aims to help Anyang City sports dance training institution managers and teachers to understand and master the development trend of children's Dance sports learning interest, provide relevant scientific basis, rich children's Dance sports learning interest theory research, for Anyang City 10-12 years old children learning sports dance interest training and the development of the provide reference for sports dance.

Objective

Primary objective

Formulate the development guidelines for children aged 10-12 in Anyang city.

Subsidiary objectives

1. Study the development status and problems of sports learning dance for children aged 10-12 in Anyang City.
2. Drafting the development guide for children aged 10-12 in Anyang City and put forward countermeasures and suggestions.
3. To confirm the development guide of 10-12 in Anyang City.

Literature Review

Domestic Related Research

Dai (2017) discusses the new situation of children's sports dance development, emphasizing sports dance teachers more imbalance, professional teachers less and less, less teaching experience, low academic research ability, low technical ability, male and female students imbalance, loss of students, teaching strategy is not mature, the lack of standardization. Wang (2021) shows that children's sports dance teachers in students' proportion quite uneven, scale, the total number of students, and sports dance type determine earlier, unbalanced development trend between cities, course content is not unified, classroom teaching is not standard, content structure is not scientific, teachers' knowledge system is not perfect. Li (2020) stressed in the article "Research on the Problems Existing in the Operation and Management of Tengzhou Township Children's Sports Dance Club" that Tengzhou children's sports dance students are young, teachers with low professional quality, few learning and training opportunities, and lack of sound education and training management plan. Chen Ying elaborated on the development status and measures of children's Dance sports in Chengdu from the following three levels: (1) parents do not know much about Dance sports and have different ideas, mistakenly thinking that Dance sport is irrelevant. (2) The training school is improperly managed, and the teaching focuses on Saturday and Sunday; (3) the unbalanced total number of teachers, the low education level, and few learning and training opportunities. Wang (2019) stressed in the analysis that in recent years, Linyi sports dance has developed rapidly, but the development trend is very chaotic. This situation has caused great harm to the overall development of Linyi sports dance. Li (2002) showed that there are already many universities specializing in sports dance in Beijing, which has promoted the development of sports dance training in Beijing. Through the investigation and analysis of the current situation of Beijing sports dance training institutions, the results show that the sports dance teachers are young, the gender ratio is not consistent, the training schools are not in place, and the management mechanism is not perfect. Liu (2005) conducted an investigation and analysis of 9 Dance sport training institutions in northern Jiangsu province. The results show that there are problems with equipment, personnel, and course content. To better accelerate the development of the dance training center in northern Jiangsu, the researchers stressed the need to strengthen the leadership of the organization, improve the professional quality and technical strength of teachers, and strengthen the infrastructure construction of dance training.

Zhang (2010) proposed in "My Views on Youth Latin Dance Teaching in Sports Dance" that "we should pay attention to the reasonable arrangement of teaching content and make teaching plans in strict





accordance with our teaching purpose". Wang (2014) pointed out in the study on the Ways to Improve the Performance of Sports Dance rumba — Taking teenagers as the research object that "in the curriculum, we should adapt to the physical and mental characteristics of students and gradually improve". Huo (2014) a Chinese youth Latin dance player and professional technical content system construction researcher, emerging children can first choose rumba and Chacha dance, because their basic footwork and combination can for later sports dance learning to lay a solid foundation, is also important guarantee to promote students learning dance enthusiasm. According to the characteristics of the students, to teach students by their aptitude, choose the teaching content. He (2010) that amateur teenagers just cha-cha dance teaching skills and methods of teenagers in age, dance age, physical development, understanding, etc., the big difference, is this requires sports dance teachers based on improving education science, from multiple angles to understand modern dance skills and effective teaching methods, to enrich and enrich the teaching content. Ma (2020) "Exploration of the Construction of Sports Dance Latin Dance Training Content System" by improving the curriculum system of children's sports dance, scientifically and systematically arranging the teaching content of children's sports dance courses. Zhang (2019) "Discussion on the Content System and Training Methods of Sports Dance Training" All dance schools should strengthen the construction of teaching materials, videos, and other teaching materials to promote the guarantee of the development of online education.

Shao and Lian (2015) pointed out that sports dance, as a new type of dance, is a kind of sport based on sports dance. Sports dance is mainly modern dance and Latin dance, among which modern dance and Latin dance are divided into five small dance schools. It is pointed out that children refers to infants and young children, children's sports dance refers to the age characteristics of children, considering the psychological characteristics of growth and development, adopting appropriate teaching methods, setting creativity, teaching, training, and performance in one, to develop sports dance courses. Under normal circumstances, the ages of children are between 6 and 18 years old, but with the continuous improvement of the economic level and the increasing awareness of parents of children's education, children learning sports and dance are getting younger and younger.

Related Foreign Studies

Oh, and Park (2005) pointed out that in 1924, the teachers of the Royal Dancers Association organized and perfected the dance styles, steps, and trends in sports and art at the time, announcing waltz, tango, wine waltz, Foxtrot, and quickstep. After World War II, the company joined the ancient folk dance and rearranged the internationally recognized "New National Ballroom Dance", including two series of modern dance and Latin dance. From 1930, "English-style" ballroom dance began to appear frequently, gradually developing into a form of competitive ballroom dance, and was later included in sports in many countries due to the possibility of being listed on the Olympic roster. Internationally, "International Standard Dance" and "Sports Dance" are two different names for the same sport. Therefore, the current sports of children's dance in the United States refers to the international standard of children's dance. Yang and Jiang (2016) stated in the study that the first IDSA World Dance Sports Association (China) Children's Dance Championship was held in China. In China, due to the uniqueness of such sports, China's sports competition form, cultural and entertainment content, large-scale competitions, and other activities mainly rely on the tasks entrusted to the organizers, that is, the organization and implementation. The competition is held by the requirements of sports, called the Dance sports competition, is the competition exhibition and other activities organized by the Department of Culture.

Feng and Li (2014) pointed out that in developed countries, leisure time on weekends will attract many amateur and professional sports dancers. Tang et al (2015) note that the annual Blackpool Dance Festival in the UK awards many awards in the field of dance sports. After their impressive results, the world's best athletes choose to join their favorite dance sports training institutions, such as the World Gold Award for Latin dancers Linna Slavek, Hannah, and Paul. Japan is an Asian Dance sports powerhouse, with a Dance sports population of 1.6 million and nearly 10,000 Dance sports clubs and training institutions. France is also a country with a rich tradition of sports dance, which is reflected in frequent

dance events and star competitions. Most parents abroad encourage their children to join dance training institutions and clubs at an early age.

Conceptual Framework

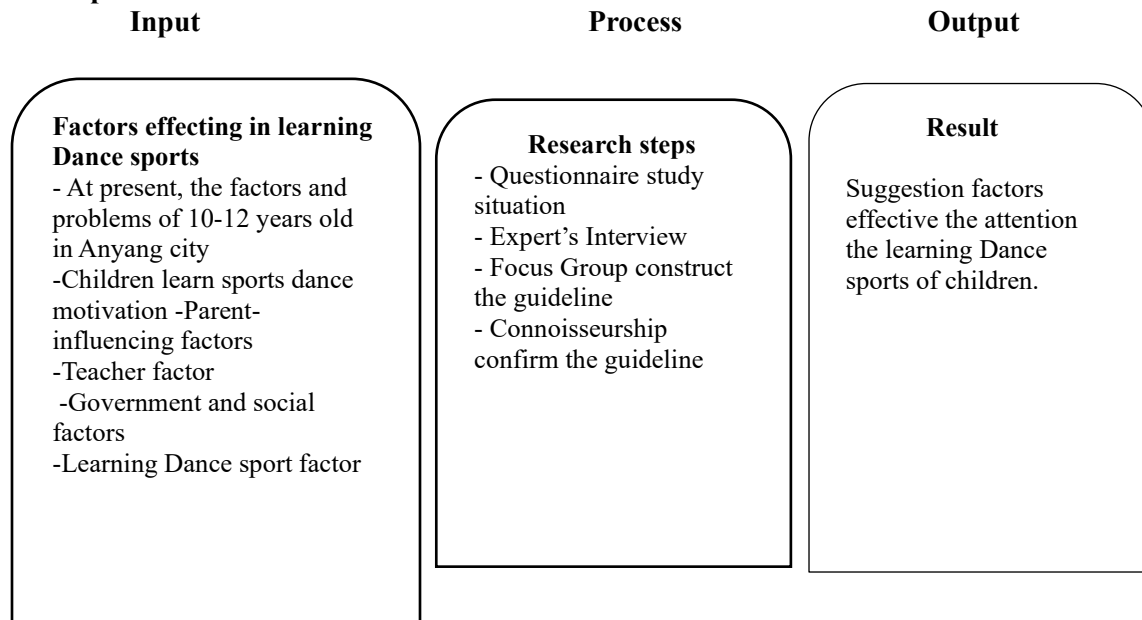


Figure 1 Conceptual Framework

Methodology

This research is R&D

1. Population and sample

1.1 Population: This study included 330 people from 15 Dance sport training institutions in Anyang City, including 50 children of different ages (all ages were 10-12 years old), 150 children, 150 parents, and 30 teachers.

1.2 Sample: Using the probability sampling method, select all 15 representative dance training institutions, 50 children aged 10-12, a total of 150 children, 150 parents, and 30 teachers. Experts should objectively analyze the research results by POLC theory, find out the root cause of the problem through this phenomenon, and establish a focus group to find out the development of sports dance learning for children aged 10-12 in Anyang City.

2. Research method

- 2.1 Expert interview form, about the learning situation of the interview
- 2.2 Questionnaire survey on children's learning situation
- 2.3 Questionnaire survey of teachers' learning situation
- 2.4 Questionnaire survey of parents' learning situation
- 2.5. Appreciation assessment form developed to confirm the guidelines

3. Data Collection

- 3.1 Literature review
- 3.2 Questionnaire survey method
- 3.3 Expert interview
- 3.4 Focus groups
- 3.5 Appreciation expert

4. Data Analysis



Evaluation text result

Results

According to statistics, many teachers of sports dance training schools in Anyang City are not very professional in teaching qualifications and professional degrees. The wooden floors of some sports dance training institutions are industrial floors, which are not suitable for dancing, and a long time has a great negative impact on the health of students. In addition, some Dance sports training institutions do not have professional audio and video facilities, and some training institutions do not build independent dressing rooms. This serious shortage of infrastructure will limit the development of sports dance in Anyang City. As enrollment and operations continue to expand, schools mostly teach on Sundays or every night. The situation of insufficient places is very wide, and classroom teaching exists in non-standard places. However, most of the dance studios in the training schools are relatively lacking internal structure, supporting facilities, machinery and equipment, and other aspects, which still need to be improved.

At present, the sports dance teachers in Anyang City pay too much attention to single-skill training in the classroom and ignore the overall development of children's physical quality. This kind of classroom teaching is easy to leads to an imbalance of children's physical quality, and too single teaching for 10-12 years makes children feel tired, which affects their interest in sports and dance learning. In addition, teachers in Anyang City do not plan to go out for further study and improve the professional level and comprehensive quality of children's sports dance teachers in Anyang City through regular training.

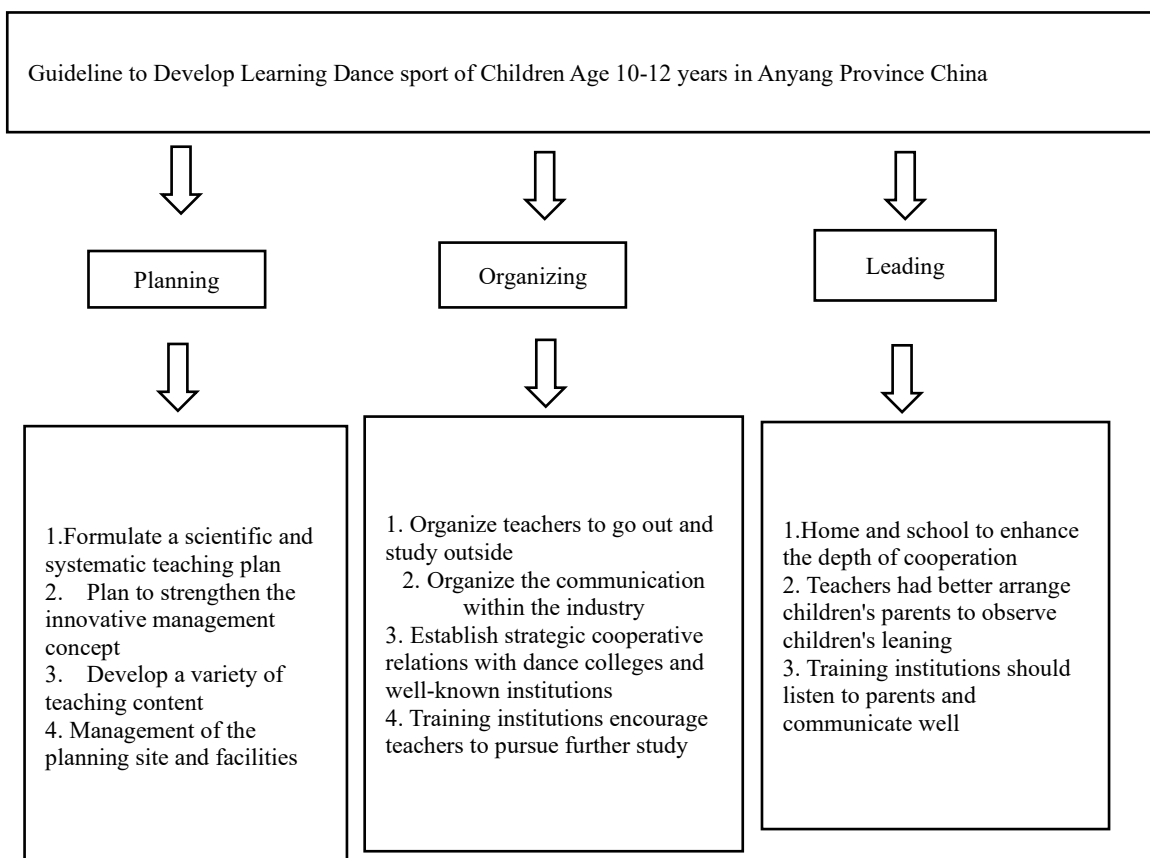
In any City most of the students 'parents sports dance, school not home school joint, teachers had better regularly arranged for children's parents to view children's learning situation, close the distance with children's parents, teachers should also immediately communicate with their parents, master students, correctly guide parents master sports dance related professional knowledge, often communicate with their parent's students learning details, and give the parents to share the students in the process of training learning achievements.

The development of sports dance in Anyang City is inseparable from the propaganda and the government. At the present stage, the publicity methods of Anyang City are generally traditional. There is no novel and accurate publicity, and the strength is not strong. Therefore, the people of Anyang City do not have enough understanding of sports dance, and the development of sports dance cannot move forward. The government departments of Anyang City do not promote and reasonably manage the sports dance accordingly, which makes the institutional market of Anyang City unbalanced and irregular. The government's support and restraint for children's sports dance training institutions are not enough, and it does not regularly maintain all the training schools in Anyang City. For the development of Anyang City sports dance, the government will be of great help to the market and development of Anyang City Sports dance training institutions.

Conclusion

Through the study of the current situation of sports dance learning for children aged 10-12 in Anyang city, it is found that there are many problems in this field, including the lack of venues and facilities, single teaching methods of teachers, insufficient home-school linkage, conservative publicity means, and insufficient government support. To promote the comprehensive development of children's sports dance in Anyang City, measures need to be taken from many aspects. Firstly, teachers should adopt more flexible and interesting teaching methods to stimulate children's interest in learning, and conduct regular professional training to improve the quality of teaching; second, parents' continuous participation and support play a vital role in children's interest in learning. In addition, quality facilities and teaching environments can enhance children's learning experience and thus promote the learning effect. Finally, the government and relevant departments should strengthen the promotion of Dance sport, reasonably integrate it into the school curriculum, and improve the overall level through competitions and teacher

training. Through multi-party cooperation, children's interest in sports dance can be further consolidated, and the sustainable development of Anyang sports dance training institutions can be promoted.



Discussion

To develop the development of children aged 10-12 in Anyang City, experts emphasize that it is necessary to develop a scientific and reasonable training system and improve the management methods of training institutions. This has an inevitable connection to the interesting development of children learning sports and dance in Anyang City and improves the supporting facilities of the site.

Currently, Anyang City lacks high-level teachers, Anyang City Sports Dance Training School principal needs to regularly study abroad with excellent management and training plan, from the perspective of the training school, let teachers go out on time to sign up for reliable learning and training, learning and training classroom teaching experience and professional skills, improve the comprehensive workability, to improve their teaching level better, make every student can learn training and practice activities. Secondly, experts believe that joining professional organizations plays an important role in enhancing the professionalism and influence of training institutions. Joining industry organizations can obtain certification and training opportunities, to improve the professional level of teachers and the teaching quality of the institutions. Finally, experts mentioned the necessity of cooperation with the outside world, which can effectively expand the influence and resources of training institutions with the outside world.

Lack of communication between the parents and the school. Experts said that parents should take the initiative to communicate and actively express their ideas when questioning teachers, and parents should show that they are "positive communicators" rather than "negative listeners" in the process of communication with teachers. Teachers should pay attention to the overall development of children, rather



than focusing only on the results. Most children's sports dance training schools in Anyang city have not been well maintained in the middle and late period, and play a key role in the long-term development trend of training schools. Therefore, the staff should immediately communicate with parents, master students, correctly guide parents to master sports dance-related professional knowledge, market communication with parents' students' learning details, and give the parents to share the students in the process of training learning results to promote the home-school cooperation orderly, play a positive role to the healthy growth of children.

Finally, experts said that training institutions should seek more opportunities for government support and that the education administration can also consider formulating relevant policies to support the development of such sports clubs. The second is the selection of teachers, training institutions must formulate employment standards, for some technical level is not high, the dance age is short, and no sense of responsibility teachers do not. In addition, the club should also actively innovate the profit model, effectively use the modern Internet publicity platform, and extensively look for potential Dance sports students.

Recommendation

Application of the study results

1. Anyang Children's sports dance training institutions need to improve their management methods
2. Innovative, multi-element, and diversified classroom
3. Teaching exchange and cooperation
4. Home-school linkage
5. Sports dance work should be vigorously carried out
6. Build a standardized teacher team
7. Expand enrollment through multiple channels

Future research

1. Adopt more research methods, such as in-depth interviews and field observation, while further expanding the scope of the research and including universities in different regions and different levels to obtain more comprehensive research results.
2. Discuss the relationship between children's learning of sports dance and society, culture, and economy from a broader perspective, and further deepen the understanding and understanding of the development of children's interest in learning sports dance.

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